

CARE MODEL

Riverside Community Care implemented a telemedicine initiative to increase access to behavioral health care through home-based video consultations for homebound older adults with otherwise unmet behavioral health needs. In this model, case managers from Aging Service Access Point (ASAP) partners identify the behavioral health needs of their homebound patients during regularly-scheduled home visits, and assist patients in connecting with a behavioral health clinician for remote video-based therapy.

The initiative's combination of community partnership and technology eliminates barriers for homebound adults to behavioral health care that would otherwise be inaccessible. Building on this tele-behavioral health engagement, Riverside works to support additional aspects of patients' overall well-being by linking them to other resources in the community to improve their health and agency.

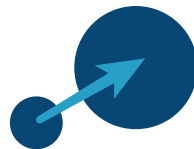
IMPACT

\$499.9K
HPC AWARD

\$682K
TOTAL PROJECT COST

TARGET POPULATION
**Homebound Older Adults
with Unmet Behavioral Health
Care Needs**

PRIMARY & SECONDARY AIMS:



Increase access to behavioral health care through **videoconferencing**

Assess comfort level of residents with the tele-behavioral health services through **enrollment survey**

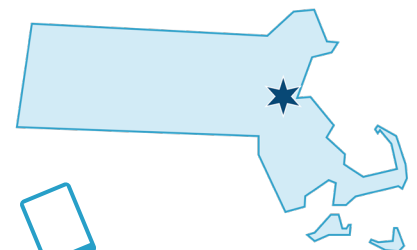
↓ number of elder clients who **experience anxiety**

↓ **30%**
falls due to substance use

↓ **30%**
depression among population who reported depression

PARTNERS

- Springwell ASAP
- HESSCO ASAP
- Mystic Valley Elder Services ASAP
- Beth Israel Deaconess Medical Center
- MedOptions Connect



HCII PATHWAY SUMMARY

In 2016, the Massachusetts Health Policy Commission (HPC) launched its \$1.8 million Telemedicine Pilots pathway of the Health Care Innovation Investment (HCII) Program. The Telemedicine Pilots aim to demonstrate the potential of telemedicine to address critical behavioral health care access challenges in high-need and underserved target populations. The four 12-month pilots provide expanded access to behavioral health care for children and adolescents, individuals with Substance Use Disorder (SUD), and older adults aging in place.

HPC BACKGROUND

The Massachusetts Health Policy Commission (HPC), established in 2012, is an independent state agency charged with monitoring health care spending growth in Massachusetts and providing data-driven policy recommendations regarding health care delivery and payment system reform. The HPC's mission is to advance a more transparent, accountable, and innovative health care system through independent policy leadership and investment programs. Visit us at Mass.gov/HPC. Tweet us @Mass_HPC.