

## SHIFT-CARE CHALLENGE

# Beth Israel Deaconess Hospital – Plymouth

## IMPROVING OPIOID USE DISORDER CARE



### CARE MODEL

Beth Israel Deaconess Hospital-Plymouth (BID-Plymouth) offers a program to expand access to opioid use disorder (OUD) treatment through medication bridging services, community-based treatment, and recovery support for patients. Once a patient has undergone evaluations for substance use disorders or opioid withdrawal in BID-Plymouth's emergency department (ED), an ED physician can initiate medication for addiction treatment (MAT) for clinically appropriate patients. Patients who start MAT receive continuing assistance from a hospital-based behavioral health clinician (i.e., psychiatric nurse practitioner or social worker) and a recovery navigator. This care team helps patients connect with contracted partner organizations for continued outpatient treatment, at which point patients can start on the most appropriate form of medication for their needs. Patients who are members of BID-Plymouth's partner accountable care organization, Beth Israel Deaconess Care Organization, are linked back to their primary care providers for care coordination and ongoing support. If a patient flagged for OUD services leaves the ED against medical advice, Plymouth County Outreach will attempt to re-engage the patient through an outreach visit with a recovery navigator and plain clothed police officer within 24-28 hours of the ED visit.

### IMPACT

HPC AWARD

**\$742K**

TOTAL PROJECT COST

**\$990K**

TARGET POPULATION

**Adult patients who present to the ED after overdose and naloxone reversal, have other clinical indicators of OUD, or seek withdrawal management**

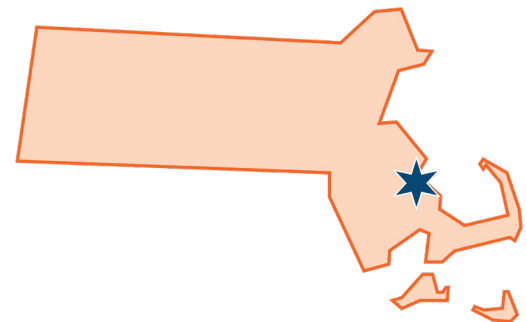
PRIMARY AIM

**8%** Reduction in ED revisits

### PARTNERS



- Harbor Health Services
- CleanSlate Centers
- Crossroads Treatment Centers
- Gosnold
- Spectrum Health Systems



### SHIFT-CARE CHALLENGE SUMMARY

The SHIFT-Care Challenge is an 18-month, \$10 million investment program supporting Sustainable Healthcare Innovations Fostering Transformation. Launched in 2018, SHIFT-Care has two tracks: one focused on addressing patients' health-related social needs and improving behavioral health care and the other aimed at expanding opioid use disorder treatment capacity through emergency departments and bridge clinics and facilitating timely follow-up care. The 15 SHIFT-Care awardees are partnering with 40 community organizations to implement strategies to reduce unnecessary hospital acute care utilization and to report other track- and awardee-specific measures.

### HPC BACKGROUND

The HPC, established in 2012, is an independent state agency charged with monitoring health care spending growth in Massachusetts and providing data-driven policy recommendations regarding health care delivery and payment system reform. The HPC's mission is to advance a more transparent, accountable, and innovative health care system through independent policy leadership and investment programs. Visit us at [Mass.gov/HPC](http://Mass.gov/HPC). Tweet us @Mass\_HPC.

*As a result of the coronavirus (COVID-19) pandemic, the care models described in these profiles may have been modified to protect the health of patients, health care workers, and communities.*